

Natural Conversational Flow (Part 1) "Rapid Fire Conversation"

Have you ever wondered as to why do so many guys fail with women even after reading seduction advice from touted gurus with elaborate methods?

One of the main reasons is that they lack certain fundamental and foundational skills and they never take the time to develop them. No amount of fancy routines and outlandish clothing will make a guy consistently appealing to quality women in the long run IF he cannot handle the conversational flow.

This is why I have sat down to write this 3 part series on NATURAL CONVERSATIONAL FLOW that will enable you to develop life long essential attributes that you can use forever to garner the type of success you want.

Growing up, I was always an extroverted person. I related to people well, and enjoyed entertaining my friends at the very least. I never really gave much thought to conversational flow because to me it just came naturally. There were other areas of my life I had to improve on, but conversational flow seemed to be a natural skill. For example, being confident with women wasn't my forte and that was something I had to work on. I had to learn to synergistically combine conversational skills with the other essential attributes.

Along the way, I noticed guys who lacked conversational flow to their own detriment. One such guy was my ex-coworker, Ryan. By all account, Ryan was a good guy but he didn't seem to hit it off with people.

You could be hanging out with a few friends, joking back and forth, having fun and Ryan was the guy who would speak out of place; he seemed to carry the wrong vibe. Your friends would say, *"Dude, that guy is weird. He is a nice guy, but he is weird. I can't explain it. He is just weird."*

And it is true. We would get that weird vibe from certain guys and we couldn't put our finger on it. What was making Ryan, and guys like him, appear to be weird? Since it's a hobby of mine to study human behavior and human interactions, I decided to socially backwards engineer what it was that most of us were doing. What was it that came naturally to us and yet did not come so naturally to the weird guy?? What was Ryan missing?

It's the ability to have *Rapid Fire Conversation*.

- What is Rapid Fire Conversation?

It's people engaging in a fast paced conversational flow that follows a certain rhythm. I've never timed it, but a safe speculation is that the conversation goes back and forth every 15 to 30 seconds as people chime in with their comments quickly in short rapid bursts.

Example:

Guy 1: *"Man, I saw the new Die-Hard movie. It's great. There is this scene where Bruce Willis starts destroying the bad guys in a sewer with a flame thrower. He has like this never-ending fuel source and just flames the shit out of everything...."*

Guy 2. *"I Know! It's awesome! I am going to see that movie a 2nd time just for that scene. Remember when the one guy caught on fire and he pissed himself trying to put it out? Then Bruce just torched him more to put him out of his misery."*

(Laughter by all.) [Note: First two guys spoke for about 10 to 20 seconds each.]

Guy 3. *"I know. That's a great scene. It took them 3 weeks to film that scene because it was so fucking delicate. Wow, 3 weeks of work just to shoot a 2 minute scene of Bruce torching everything. Yeah, I read on the Internet that they had to have 3 different fire crews standing by."*

- Note: Right here would be a perfect time if guy 3 would have stopped. But he is not socially in tune, so he continues on yapping.....

"The problem is that when you film such scenes, you have to get a permit for the scene from the city. It's difficult to get permits from the city and you have to really jump through a lot of hoops. In this case, the city was very concerned with the fire hazard, so they demanded a huge insurance deposit, and the insurance company demanded that a stunt-double do the torching because they would not allow Bruce Willis to be in the middle of the blah. You see, insurance premiums used to be much cheaper, but in the last 5 years, they've risen. They couldn't risk it. So what they did was,..... blah, blah, blah, blah, blah, blah, blah, blah, blah...."

First two guys are now annoyed. They look at each other as if to imply:

"SHUT UP!"

Guy 3 is lacking the social vibe. Guy 3 lacks the ability to feel the conversational pace. He is labeled as weird and guys will say, "Dude, that guy is weird. Don't bring him around anymore."

Can you see what happened?

The first few guys were having fun involved in, (what I call) "Rapid Fire Conversation." Guy 3 wanted to talk for 2 to 3 minutes about some topic that does not pertain to the mood/flow of conversation.

Had the conversation been a serious one about the difficulties of making action scenes, he'd be justified to go on his diatribe. As it were, the pace was fast and the conversation was light. (More on the mood of the conversation in part 2 of this series on conversational skills.)

What's the lesson here? Being able to flow conversationally will make anyone a more interesting person, or at the very least, a more socially pleasant person to spend time with. If you feel that you could use a bit of improvement in this area, here are some tips to get you started on your path to NATURAL CONVERSATIONAL FLOW:

- Learn to feel the conversational vibe.
- Learn to gauge the pace and rhythm of the flow.
- Is it rapid or Is it slow?
- Is it often going back and forth OR is it one person going telling a story?

It may seem somewhat mechanical at first, but with a little practice, you can learn to really feel the vibe of the conversation and be able to flow in social settings.

So if you feel like you're one of those people who gets left out, and can't relate to others, one possible reason may be that you are not able to engage in rapid fire conversations. Keep in mind that the flow of conversation can change as well. You don't need to carry a stop-watch, nor do you need to actually time the responses by the group. Instead, just try to get an intuitive feel for the pace.

A group of people could be engaged in a rapid fire conversation where the general pacing is 30 to 45 seconds per person. 20 minutes later, that conversation may have slowed down to 2 or 3 minutes per person. Again, it's mechanical at first, but if that doesn't come to you naturally, then you'll have to practice it until it becomes an intuitive process for you.

While listening to the PACE of the conversation, make a note of the tonality as well.

- It is Energetic and loud?
- Is it more serene with lower volume?

As an exercise, you can start doing this while driving or even walking about. Listen to a radio show that often features rapid fire conversation and pretend that YOU are the guest on that radio show. Start talking out loud in various spots to fill in for the different personalities. This will help you gain timing and rhythm.

You can hear examples of Rapid Fire Conversation on certain radio shows where the entertaining personalities are going back and forth. A show like Howard Stern features these sort of interviews. The pace is comedic, high energy, with RAPID FIRE dialogue. Suddenly, there is an interview with a guest who does not get it. He suddenly starts to give serious and lengthy answers that bore the hell out of everyone.

Why does this happen? The guest on the show is not able to recognize the rapid pace that is required to keep the NATURAL FLOW going smoothly. On the same note, there are times when the rhythm shifts and you hear someone telling a long story while everyone's attention is focused on that particular person. Rapid Fire Conversation dynamics have changed to a story-telling dynamic.

In the story-telling dynamic, ONE person tells a story while everyone else listens. In Rapid Fire Conversation, there is no particular story being told. It's a bunch of people taking equal part in the conversation "riffing" back and forth in a rapid paced with high energy.

Being aware of these nuances, you can listen to the shifts in conversation and also be able to provide your own quick paces rapid repartee.

Lastly, by being able to master Natural Conversational Flow, you'll be come across as a very socially smooth and interesting person. This will appeal to women as well as come across interesting to men. You'll have more male friends while attracting desirable women. In short, you'll experience more successful social interactions across the board.

This is just part 1 of this series. Stay tuned for Part 2 and 3 of the NATURAL CONVERSATIONAL FLOW Series. I think you'll get a lot out of them.

Cameron Teone

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P.S. The links to download parts 2 and 3 of this series will be sent to your email. If you have not yet signed up, you can do so here:

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